



BUSINESS BRIEFING GUEST SPEAKER REQUEST FORM

Business Briefing Format

The purpose of a LIMU Business Briefing is to invite prospects to hear more about our LIMU products and the opportunity we offer to earn additional income. Existing Members are typically in attendance to welcome their prospects and answer any additional questions they may have. Some are asked to give their personal testimonial as well.

Suggested Agenda *Duration: 1 hour (times are approximate)*

- Welcome, personal story and introduction to LIMU - 20min
- Audience testimonials (health and financial) - 10min
- Introduction of Rowdy (short video if audio/visual equipment available) - 5min
- Rowdy Gaines motivational speech - 15min
- Q&A - 10min

Role of ROWDY GAINES

LIMU's very own 3-Time Olympic Gold Medalist Rowdy Gaines is available for our Members to act as a guest speaker at these meetings. He will help motivate and inspire the audience by sharing his story of challenges and triumph. Rowdy will also reinforce our LIMU products, which he relies on for training, competition, recovery and overall health.

Prior to the meeting, Rowdy will join the host and local leaders for lunch or dinner if time allows. During the meeting, Rowdy will speak about the power of commitment and belief in oneself. Please be prepared to introduce Rowdy and briefly describe his background and accomplishments. For his complete bio and role within LIMU, visit www.rowdygaines.com.

Next Steps

1. Send this completed form via fax or email to the LIMU Corporate Contact.
2. LIMU will review the schedule and follow up with you within 10-12 business days.
3. Once confirmed, LIMU will post complete event information online in IAMLIMU and on LIMU Nation. Rowdy will also update his social media sites. We encourage all Members attending to actively promote the event as well via all available forms of communication.
4. LIMU will provide a specially designed meeting flyer and images for your promotional use, per your request.
5. Rowdy will arrive approximately 15 minutes prior to the event and will remain up to 30 minutes after event to autograph Rowdy Gaines signature cards and take photos with Members.
6. If Rowdy is unable to attend, LIMU will notify the host at least 7 calendar days in advance.
7. Any additional communication will be directed through the LIMU Corporate Contact.



Host Member Information (Please Print)

Member ID	First	Last		
Mailing Address	Apt/Suite	City	State	Zip Code
Home Phone Number ()	Cell Phone Number ()	Email Address		

Business Briefing Information (Please Print)

Location:	City	State	Time (if known)
Top 3 Date Options:	(MM/DD/YYYY)	(MM/DD/YYYY)	(MM/DD/YYYY)
Expected Attendance (minimum 100 total):	Members	Guests	
Special Requests for Rowdy:			

LIMU Corporate Contact

Marketing Department

P: 407.548.3800

F: 407.333.0419

E: marketing@thelimucompany.com

610 Crescent Executive Court, Suite 110

Lake Mary, FL 32746

Member Agreement

By signing below, I agree to commit to selecting and setting up the meeting location and venue. I will invite enough Members and guests to meet the minimum attendance. It is my responsibility to communicate any changes to LIMU that occur after event confirmation has been received from LIMU. Notification of cancellation must be made at least 7 calendar days prior to the event. It is my responsibility to set up the meeting room with any signage, marketing materials and product sampling.

Host Member	Date (MM/DD/YY)